



September 7, 2007

www.auch.org

TRAININGS AND CONFERENCES

In This Issue

**Smoking
Cessation****2007 Cancer
Survivorship
Summit****PPD Refresher
& Update****Risk
Management
CME for
Clinicians****Archived
Webcasts****Clinical
Readings and
Resources**

This Clinical Newsletter has been brought to you by the clinical workforce development series staff. Please forward comments and suggestions to Anna Erickson at aerickson@auch.org

Smoking Cessation for Community Health Center Patients

Date: Thursday September 20, 2007
Time: 12:00 pm – 1:00 pm - **Video-broadcasting Available**
Location: Association for Utah Community Health

Lara Hardman, pulmonary disease specialist will provide information on smoking cessation agent, Chantix, a Pfizer Pharmaceuticals product.

Laura Shane-McWhorter, PharmD, BCPS, FASCP, CDE, BC-ADM, clinical professor, University of Utah will provide an update on *Smoking & Diabetes*.

David Grygla, DO, MPH, Medical Director at Southwest Utah Community Health Center will provide information on successfully implementing smoking cessation care into a busy community health center practice. This training is appropriate for anyone currently or planning to prescribe Chantix. Those involved in patient education regarding smoking cessation will find this training useful. Contact Donna Gibbons, AUCH Pharmacy Services Program Coordinator to RSVP or for additional information PSP@auch.org or 801-716-4609.

2007 Utah Cancer Survivorship Summit

Date: Saturday September 22, 2007
Time: 9:00 am to 1:00 pm
Location: Utah Cultural Celebration –1355 West 3100 South – Salt Lake City

The Utah Cancer Survivorship Summit is for adult and child cancer survivors. Children will have crafts, games and entertainment. The Summit is free and food is provided. Register at www.ucah.cc/regsummit/ For more information email info@childhoodcancer.org or 801-487-7844 or toll-free 1-888-556-2737.

PPD Refresher and Update

Date: Tuesday, October 16, 2007
Time: 12:00 pm – 2:30 pm - **Video-broadcasting is available**
Location: Midtown Community Health Center

Genevieve Greeley, Health Program Representative, Bureau of Communicable Disease, Utah Department of Health and Julie Oliverson, RN, Infectious Disease Nursing Supervisor, Salt Lake Valley Health Department will lead the training. Participants will receive a certificate of completion for attending the full session and completing required documentation. Contact Amy Sawaya, AUCH Workforce Development Coordinator to RSVP or for additional information – workforce@auch.org or 801-716-4610.

Documenting Disability: Simple Strategies for Medical Providers and Where Providers Go Right (and Wrong)

Date: Tuesday, October 2, 2007 - Space is limited. Register Early.
Time: 1:00 pm – 4:30 pm - **Video-broadcasting is available**
Location: Eccles Health Sciences Building – Room 5100C

Learn how to expedite Federal disability benefits (SSI/SSDI) for individuals with significant impairment and how to efficiently and support poor and homeless patients' disability claims. This training is appropriate for physicians, psychologists, and others who are authorized to provide medical evidence of impairments in support of SSI/SSDI applications and for nurse practitioners, physician assistants, clinical nurse specialists, nurses, social workers and medical outreach workers) who assist with documentation of medical impairments. **Continuing Education Credit:** This activity has been approved and is acceptable for 2.75 Elective credits by the American Academy of Family Physicians and 3 contact hours (2006) by the Tennessee Nurses Association.

Risk Management for Clinicians

The Armed Forces Institute of Pathology is accredited by the Accreditation Council for Continuing Medical Education to sponsor continuing medical education for physicians. The CME credits meet the criteria for Category 1 credit for the Physician's Recognition Award of the American Medical Association and Category 2A by the American Osteopathic Association.

- Each Legal Medicine publication is accredited with 5 CME credits that are free to all military and full-time federal health care providers. The cost to non-federal health care providers is \$25.00.
- A total of 50 CME credits can be earned by following the instructions in all 10 issues.
- Each publication contains valuable clinical practice tips and references.

DLM also publishes [Nursing Risk Management journal](#) annually. Nurses may earn up to 21.3 Contact Hours in nursing continuing education online. The Contact Hours are free to full-time military and federal health care providers. The cost to non-federal providers is \$10.00 per issue. For more information, call 800-863-3263 or fax 301-295-7217. An listing of PDF documents can be found at <https://mail.auch.org/exchweb/bin/redirect.asp?URL=http://www.afip.org/Departments/egalmed/lmof.html>

Archived Clinical Webcasts

Practical Approaches to Managing your Overweight Patients

To view archive, link to www.vcall.com/replay and enter replay # 1286131635. Archived through October 2207. 1.5 hours of CME credit available through October 2007

Gestational Diabetes: New Concepts, New Guidelines

To view archive, link to www.vcall.com/replay and enter replay # 155844. Archived through February 2008. For more information, visit championline.org/Events/Distance_Learning.asp.

Physician Follow-up and Provider Continuity are Associated with Long-term Medication Adherence ~ A study of the dynamics of Statin use.

Study: Many patients who initiate statin (3-hydroxy-3-methylglutaryl coenzyme A reductase inhibitor) therapy discontinue treatment within 1 year. This study sought to estimate the rate at which patients re-initiate treatment after long periods of nonadherence and to determine whether re-initiation of treatment is linked to potentially modifiable factors such as physician visits, cholesterol testing, or other encounters with the health care system. Visit this link for the full study.

<http://archinte.ama-assn.org/cgi/content/abstract/167/8/847>

Comparative Effectiveness and Safety of Oral Diabetes Medications for Adults with Type 2 Diabetes

The executive summary of this study noted in the online newsletter of the Association for Healthcare Quality and Research (AHQR) stated "Compared to newer medications, such as thiazolidinediones and meglitinides, metformin had similar or superior effects on a range of clinically-relevant short term outcomes. . . Physicians and patients can feel comfortable using older medications such as metformin and second-generation sulfonylureas, as monotherapy or in combination before newer diabetes medications such as thiazolidinediones and meglitinides, especially when cost is a factor." The link to the executive summary, is

<http://effectivehealthcare.ahrq.gov/repFiles/OralExecutiveSummary.pdf>

The **Pulmonary Hypertension Association (PHA)** would like to provide the community health centers clinical materials to help inform clinicians and patients about pulmonary hypertension. To educate healthcare professionals about the diagnosis of this complex illness, **PHA is sending:**

- A complimentary CD-ROM on diagnosis of PH
- Medical journal, *Advances in Pulmonary Hypertension*
- A helpful informational brochure for patients and families
- Posters to advertise PH Advocacy Month
- Information on PHA's membership sections for medical professionals: PH Clinicians and Researchers and PH Resource Network

If you have not received your materials please contact Rebekah at (301) 565-3004 x130 or Rebekah@PHAssociation.org. More information: www.PHAssociation.org.

One hour of walking = Two years of life!

According to the American Heart Association (AHA), research shows that for every hour of regular vigorous exercise, like very brisk walking, you could increase your life expectancy by two hours. Getting patients moving is really difficult, but those who start a regular walking program are most likely to stick to it. The AHA's new [Start! program](#) calls on all Americans and their employers to walk for heart health and is designed for both individuals and the workplace. When patients join MyStart! Online they get access to information, fitness tools and newsletters to keep them motivated and moving. Encourage them to register at americanheart.org/start today!

Funding Opportunity

March of Dimes Community Grant Opportunity - The Utah Chapter community grants program is designed to invest in priority projects that further the March of Dimes mission, support national campaign objectives, and further the strategic goal of reducing disparities in birth outcomes. Proposals will be accepted from organizations with the capacity, competence and experience to accomplish project goals and objectives through one of the following strategies:

1. Increasing availability and quality of health care/prevention services for all women of childbearing age and/or pregnant women
2. Increasing availability of genetics services and folic acid education

The applicant must provide services in Utah. The chapter community grants fund for 2008 is approximately \$20,000. It is anticipated that 2-3 projects will be funded, with awards ranging from \$5,000 to \$10,000 each.

The deadline for submissions is October 5, 2007. For an electronic version of the Grant guidance and application forms, email Anna Erickson at aerickson@auch.org or contact the March of Dimes:

Stephen McDonald
Director, Program Services
March of Dimes Utah Chapter
757 East South Temple, #120
SLC, UT 84102
801-746-5540 (office)
801-597-4126 (cell)
801-746-5546 (fax)
smcdonald@marchofdimes.com

Utah Community Health Centers

CHUC Clinical E-News

Clinicians for Healthy Utah Communities

Brought to you by the Association for Utah Community Health
Forward comments to Anna Erickson, aerickson@auch.org



Association for
Utah Community Health
Supporting Health Care for the Underserved